

# Q-doc 400

Aluminum design document holder

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*Work Smart - Feel Good*

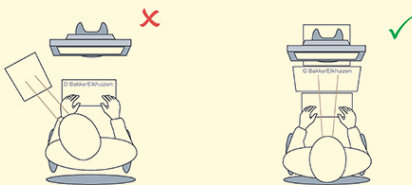


## You can have an ergonomic workspace anywhere with a foldable document holder



A document holder is one of the relatively simple solutions to adopt an ergonomic work posture.

Because your documents will no longer lie to your right or your left but in front of you (aligned with your keyboard and screen), you prevent excessive neck strain.



To prevent neck rotation, documents have to be placed between the keyboard and display screen. A sloping work surface reduces flexion of the neck and thus increases work comfort.

[Read more online](#)

**Ergonomic:** reduces neck and eye strain and prevents neck problems and headaches.

**Efficient:** short viewing distance between document, screen and keyboard.

**Adjustable:** the viewing angle has 6 adjustable positions (posterior height: 12-24 cm).

**Multifunctional:** can be used in both fixed and flex workspaces.

**Practical:** foldable and portable.

**Material:** Hylite aluminium sandwich.

**Material:** Aluminium sandwich material (Hylite)



<b>Width</b>	370 mm
<b>Height</b>	27 mm
<b>Depth</b>	280 mm
<b>Weight</b>	480 gr
<b>Product code</b>	BNEQDOC400